

REGIONAL MENTAL HEALTH TENANCY SUSTAINMENT SERVICE

PROVIDING HOMES, TENANCY SUPPORT
AND INTEGRATED COMMUNITY LIVING



Who are we?

Our focus is to help clients to sustain their tenancy and to promote mental health recovery in a community context.

Our service in Dublin, The Regional Visiting Support Service, was established in 2012. It provides visiting home and community-based support across the 4 local authority areas: Dublin City, Fingal, South Dublin, and Dun Laoghaire/Rathdown.

Our hours of operation are between 9 to 5 Monday to Friday.

On average most clients avail of HAIL supports for 6 months but the length of service is dependent on support level and presenting needs and can be up to 9 months.

Our professional and experienced HAIL Mental Health Tenancy Sustainment Workers actively engage with client's in their own homes and community.

To qualify client's must be over 18 years, have mental health as the primary presenting need, be in possession of a tenancy and consent to the service.

Our service is jointly funded by the Dublin Regional Homeless Executive and the HSE.

What to expect?

As a client:

Your Mental Health Tenancy Sustainment Worker will meet with you in your home and community weekly for a period of 3 to 9 months. The length of service will depend on your level of need. Our supports will be twofold: to help you to sustain your tenancy and to assist with mental health recovery.

We will work together to assess your support needs, identify goals and work collaboratively to achieve them. Your HAIL Mental Health Tenancy Sustainment Worker will support you with both practical and mental health focused recovery goals.

You will be offered the opportunity to take part in HAIL events and to avail of our Peer Support Program. Our trained Peer Volunteers have a lived experience and offer one to one community support and groups, such as the HAIL football team, women's group and music group amongst others, to further assist you in your recovery.

As a referring agent:

Once the referral for our supports is received and a HAIL Mental Health Tenancy Sustainment Worker is assigned supports will open with a three-way introductory meeting. Following this the client and their HAIL Mental Health Tenancy Sustainment Worker will meet in the client's home and community on a weekly basis.

HAIL will work collaboratively with our clients to assess their supports needs and identify goals. Our supports will be focused on both practical and mental health recovery goals. Common support areas include: assisting with a move to a new tenancy, money management and budgeting, linking in with community resources, education and employment, developing independent living skills and setting mental health recovery goals.

HAIL will maintain communication with the referring agent to advise of progress, goals achieved or blocks that we are experiencing in supporting your client.

How to make a referral?

Please contact the Regional Project Leader to discuss the potential case. If the Regional service is appropriate you will be provided with a referral form to complete with your client. All portions of the referral should be completed including the risk assessment section and your client will need to sign the consent.

Contact details: 01- 671 8444 or 087 7974000 or info@hail.ie

PROVIDING HOMES, TENANCY SUPPORT
AND INTEGRATED COMMUNITY LIVING

Housing Association for Integrated Living
Second Floor, Central Hotel Chambers, 7-9 Dame Court
info@hail.ie | www.hail.ie

